

Sounds by Samonas



Samonas

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**Advanced Auditory
Training for
Overcoming
Life's Challenges**



At last, there's hope

ATTENTION • CONCENTRATION • LISTENING • LEARNING • PERFORMANCE • COORDINATION • STRESS RELIEF • ORGANIZATION • COMMUNICATION • MOTIVATION • PERSONAL GROWTH/DEVELOPMENT

For some children, daily activities can pose a real challenge.

Everyday routines such as getting out of bed, getting dressed and eating breakfast are a struggle. Catching the bus on time, keeping track of homework and following directions is overwhelming.

Many children labor to express themselves, understand others, organize their thoughts or communicate emotion.

It can be a frustrating and debilitating world for these children.

We expect them to comprehend what we are saying and to respond appropriately. But how can children with expressive language difficulties express their struggles? How do those with auditory processing issues tell you your words sound garbled?

And how can parents with no professional background understand what their children are going through - or help them deal with it?

Did you know the root cause of many childhood issues lies in the auditory system?

It's time to discover the fascinating world of [Samonas Advanced Auditory Training](#), which is helping children all over the world make remarkable improvements every day.

There **is** hope, as you'll soon find out...

"Matt could speak maybe two words on a good day. He was 4 1/2 years old and was diagnosed autistic. The pediatrician stated there was no recovery.

Matthew now reads, writes, draws, colors, converses with us, answers our questions, asks questions, helps with cleaning, caring for our pets and many other things."

—Sandy Alexander, GA

➤ missing link for positive change

Because the auditory system connects to most major organs, auditory training can tap into this unique mind/body connection to promote well-being at the cellular level.

Did You Know?

- Learning, language and communication are directly impacted by the auditory system.
- Sounds vibrate throughout the body and have a powerful impact on learning and development.
- The auditory system is responsible for hearing, listening and balance/coordination.
- Children and adults can be trained to overcome many challenges through advanced auditory training.

Auditory training has positively affected the lives of many people who face challenges associated with:

- Learning disabilities
- Attention deficit/hyperactivity
- Speech and language
- Communication
- Memory and information processing
- Focusing and organization
- Spatial and bilateral organization
- Task management
- Motivation

"Samonas is the most effective tool for increasing reading comprehension and fluency that I have seen in my 40 years experience."

— Gayle Moyers,
Educational Therapist, TX



"I am very alert now and have a longer attention span."

—M.C., age 11



Samonas sets the standard

For auditory training to be most effective, sounds must be specially prepared. And that's where the genius of Ingo Steinbach comes in. Steinbach, founder of **Samonas Auditory Training**, is a German scientist with a background in music, physics and electrical/sound engineering.

He developed the groundbreaking "spectral activation" process, which intensifies classical music and nature's most dynamic sounds so they gently massage the middle ear and stimulate parts of the brain associated with physical and mental well-being.

Today, Steinbach's program is widely used by more than 3,000 educators, occupational therapists, audiologists, psychologists, neurodevelopmentalists, speech pathologists and counselors in schools, hospitals and learning centers in more than 15 countries.

Why choose Samonas?

Samonas is very different from any other auditory training on the market. It is leap years ahead of other programs. Besides being the only training to use spectral activation, it is the only program that:

- Combines the science of sound engineering, neuro-anatomy and music therapy
- Provides a customized program with specific music selections, intensity and listening times
- Developed international quality standards to ensure program benefits
- Uses a method of "reference point recording" to maximize the benefits of natural sounds, music and sounds of nature

Samonas is also the least expensive individually tailored program. For more key differences, read on...

"G.O. is now a very different child. He entered Primary One with exuberance, newfound confidence and, above all, is experiencing success... He now goes to his therapy sessions and school with a smile."

—Alvin Chan,
Occupational Therapist, Singapore



"The music made me feel happy and relaxed."
—A.K., age 12

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Customization

Each auditory system is like a fingerprint—with unique sensitivity to sounds.

Other Programs: Many have limited music selections, a fixed listening time or a standard number of weeks.

Samonas:

- 4 levels of intensity to match sensitivity
- Individualized listening plan to suit specific goals
- Personalized recordings created on demand

Music selection

Other Programs: Provide music with generic recordings and have only recently begun to discover the benefit of varying music selection.

Samonas:

- Selects, composes and captures recordings with specific therapeutic intention. Uses the knowledge of practicing therapists as the basis for recordings.
- 60+ recordings of 30+ different classical music and nature sounds

"R.G.'s improvements were huge.... He scored 46 on his pre-test and you have to score 59 to be at the 5-year-old level. On his post-test, he scored 68...

His memory increased by more than 3.5 years and his self-confidence is now amazing. His teachers and everyone who knows him says he is a different boy now. What a great success!"

—Lisa Pearson

Sounds of nature/ natural sounds

Today, many people spend hours in front of televisions, computers and electronic games and are deprived of auditory nourishment that occurs naturally in nature.

Sounds of nature provide a solid reference point for the listener that is an excellent resource for establishing spatial orientation, discrimination, focus and organization.

Other Programs: Sounds of nature are virtually nonexistent.

Samonas:

- Through "reference point recording" the listener is engrossed in sounds of nature—including the ocean, a creek, a river and birds singing in harmony.



"If you wish to support growth and development of the child, it is wise to monitor nature and then follow the methods nature uses."

—Ingo Steinbach
Developer of Samonas

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Natural space

A healthy auditory system has good spatial discrimination, recognizing where you are, whether sounds are coming from right, left, near, far, up or down. We need to know where sounds are coming from or we may be overly sensitive to them.

Because of this, “natural space” is a vital component of a good sound therapy program.

Other Programs: Most are recorded in music studios. “Space” is added later through unnatural artificial reverb, which does not support spatial discrimination.

Samonas:

- Is recorded in areas with excellent spatial qualities, including cathedrals, concert halls and special outdoor “soundscapes.”
- Uses strategically placed microphones so listeners are immersed in an ideal environment for training listening skills and spatial discrimination.

What to expect

Some CDs are designed to be heard on loudspeakers while others should be listened to with high quality headphones.

For best results, use the program consistently, closely following the instructions of a qualified professional.

For some people, the benefits of Samonas sound therapy are dramatic, while for others the changes are more subtle, noticed slowly over time.

For more information, contact your local support provider. See back of brochure for additional information.

Info SMART: www.smartdecision.org

Info General: www.samonas.com

“My 9-year-old used to pick at his lips constantly, sometimes until they bled. He’s been on Samonas for 7 weeks now and has completely stopped.”

—Charlotte



“I am so glad that I took the time to do this. It made a big difference for me. I am handling emotional situations better and I no longer ask, ‘What?’ when people speak to me.”

—R.L, age 17

This brochure is for informational purposes only. Samonas Advanced Auditory Training is intended to be used under the supervision of a qualified professional. The program is not a medicine and has not been evaluated by the Food and Drug Administration. Samonas assumes no responsibility for misuse of CDs or equipment.

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