

## Information for clients and parents of clients

# Getting started with Samonas Intensives

**Name:** \_\_\_\_\_

### 1. Information provided

A flyer about the different programs offered by the Singapore Samonas Center is available.

Download it from the web as pdf-document: <http://www.samonas.com/centerSingapore.pdf>

There are different websites, one for each program:

for Samonas 10-day Intensives: <http://www.samonasIntensives.com>

### 2. Complete the Samonas intake form

Complete the web-based Samonas intake form at: <http://CLintake.smartdecision.org> (no www!)

In the intake form please indicate which type of treatment you prefer and how to contact you

### 3. Information about the practitioner treating you/your child

Name of the practitioner:

Contact details:

I agree for the practitioner to release information about me/my child to Samonas

Signature:

We will contact the practitioner to complete a therapist questionnaire

### 4. Options and prices

Please refer to our publication with the dates and prices of Samonas Intensives scheduled

Or contact us at 6300-9510 or email [centersingapore@samonas.com](mailto:centersingapore@samonas.com)

### 5. Appointments

Initial consultation with pre-program listening

Date: \_\_\_\_\_ Time: \_\_\_\_\_ (S\$ \_\_\_\_\_ )

Program start:

Date: \_\_\_\_\_ Time: \_\_\_\_\_ (S\$ \_\_\_\_\_ )

Program scheduling:

Monday - Friday \_\_\_\_\_ Time: \_\_\_\_\_

Other:

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Scheduling remains tentative, on a first come, first serve basis until secured with a downpayment

It is important that the 10 session of the Samonas Intentensives are in two blocks of 5 days each with a 1 or 2 day break in between. Try to avoid cancellations whenever possible. Due to the organization of the Samonas Intensives in blocks re-scheduling is a challenge. Once booked a session will be charged.

-----  
(date and signature)

-----  
(name)

There are risks and costs to a program of action, but they are far less then the ... risks and costs of comfortable inaction.  
John F. Kennedy